

# Kitty

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## Mewsletter

# July 2024

(Copied from Facebook - Institute of Child Psychology)



### 1 SCENARIO:

*Child Refuses to Wear Jacket*

#### Threats & Punishment:

"If you don't listen right now, you aren't going to the park."

#### Natural Consequence:

"It's pretty cold outside, but I want you to listen to your body. I will bring this coat along just incase you feel cold."



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### 2 SCENARIO:

*Child Hits Their Sibling*

#### Punishment:

Send child to their room and then force an apology.

#### Limit:

"You are so angry, but you may not hit your sister. Let's go to your room together and cool down. [Once child is calm] "Did you see how sad your sister was? I wonder what she needs to feel better?"



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### 3 SCENARIO:

*Child is Colouring on the Wall*

#### Punishment:

Putting your child into a time-out

#### Limit:

"You are having so much fun colouring but the wall is not for colouring on. You can colour on the paper or the white board but not the wall. Now please help me clean this up."



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### 4 SCENARIO:

*Child Sneaks Tech After Bedtime*

#### Threats & Punishment:

Taking the tech away for a week

#### Collaborative Consequence:

"You know the rules in our home, I'm feeling disappointed with how this worked out. We're going to talk about the next step when we both cool down. I want you to think about what an appropriate consequence would be."



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### 5 SCENARIO:

*Child Breaks Something*

#### Punishment/Reaction:

"I've told you 100 times to be more careful! Look at this mess!"

#### Logical Consequence:

"Everyone makes mistakes. I know it was an accident, but you need to make this right. You are going to have to use your allowance to help pay for a new one."



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HELLO



May the month ahead bring you blessings of endless joy, abundant love, genuine happiness, good health and prosperity.

