

Kitty

34 Bickel Street, Horizon
Roodepoort, 1724
www.kittypre-primary.co.za
kittyadmin@kittypre-primary.co.za
Tel: 011-760-2997
Cell: 082-338-6811

Newsletter February 2021



10 WAYS TO TEACH A CHILD GOOD SELF-ESTEEM



1

Value your child

Encourage your children to be their true self. Value each child for who they are and see them as whole beings.



2

Respect Their Preferences

Allow your child to have his or her own personal preferences and feelings, which may be different from your own.



3

Praise Their Good Behaviour

Teach your child to make positive choices, and praise them for good deeds, behaviors and positive traits they possess.



3

4

Engage Them in Activities

Encourage them to become actively involved in their community, and introduce them to activities that promote a sense of cooperation and accomplishment.



4

5

Provide Inclusive Books

Provide books that are inclusive, avoid media that stereotypes any group of people, and when you see stereotypes or discrimination have an open discussion with them about inclusivity.



6

Watch Movies For Global Awareness

Watching movies that introduce new places to your children is a great way to raise their global awareness.



7

Create Opportunities for Interaction

Try to create opportunities for children to interact and make friends with people who are different from them.



7

8

Be a Good Listener

By listening to our children, we are teaching them they have a voice worth being heard.



8

9

Teach Them About Culture

Teach children about who we are and our family culture and family traditions.



10

Encourage Questions

If your child has questions on differences in characteristics or cultural practices, discuss openly with them.

